

Best practice I:

i. Title of the practice: Continuation of Self Defence Training for Women Fraternity of the College.

ii. Goal: To prepare oneself with adequate technical skill to defend and save from assault, injury during adverse situation and boosts them with confidence and growing sense of self trust.

iii. The context: Gender Equality is the reverberating slogan in today's time. But the unprecedented spurt or growth of incidents of physical and mental harassment on women and the rise of virtual crime in the society, the demand of self defence class through physical training to save from any assault, injury or death threat is need of the hour.

iv. The practice: Considering the importance of the women empowerment and demand of the training the IQAC planned for continuation of the training and a ten days long of the same training has organised from 14th to 24th June, 2019 under the supervision of Mr. Franchish Boro, a student of the college and a Well trained, National Award winning Martial Arts trainer and Miss Usha Rani Boro , an Alumni of the college and National Bronze Medallist in WUSHU .

v. Evidence of success: The practice has found beneficial for students and received excellent response from student, faculty, parents and alumni. College has decided to hold such training every year.

Best Practice II:

i. Title of the practice: Training programme on Entry to Services.

ii. Goal: To prepare our final year students for different competitive examinations.

iii. The context: Present Higher Education system demands the acquisition of necessary skills by the students to cope with the competitive world. The raining related to various aspects of the competitive examination help the students to prepare themselves for various competitive examinations related to service, admission into higher educational institutions etc.

iv. The practice: ICGC in collaboration with EDUCATIVE and IMS, Guwahati primarily involved in educational training has organised a week long training on entry to the services followed by a career counseling programme for end semester students of our college during the month of June. 40-50 students of both science and arts stream have participated and benefited from the training.

v. Evidence of success: The students are highly benefited with the training and cleared exam like JAM. Some of the have been absorbed in different private as well as govt. sector agencies.



**Signature of Coordinator, IQAC
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